

SAMPLE MENU



The BARTLETT
Rehabilitation, Skilled Care and Assisted Living

BREAKFAST EVERY DAY from 7:00 a.m. - 9:00 a.m.

Milk, Coffee, Hot Tea, Juice of Choice

Yogurt, Hot or Cold Cereal

Toast, Pancakes, or Waffles

Eggs to Order. Bacon/Sausage/Hashbrowns

Fresh Fruit

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
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LUNCH 12:00 Noon

FIESTA FRIDAY

Clam Chowder	Italian Wedding	Vegetable	Split Pea	Frijoles de La Hoya	Chicken Noodle	Tomato Basil
Meatloaf	Spaghetti and Meatballs	Chicken Teriyaki	Honey Walnut Cod	Pork Tamales	Baked Flounder	Pot Roast
Corn Bread	Garlic Bread	White Rice	Bow Tie Pasta Salad	Spanish Rice	Garlic Mushroom Rice	Potatoes au Gratin
Green Beans	Sugar Snap Peas	Stir-Fried Vegetables	Broccoli	Tomatillo	Sliced Fruit	Vegetable Medley
Citrus Gelatin	Spumoni	Brownies	Cherry Pie	Flan	Lemon Meringue Pie	Ice Cream

HAPPY HOUR MONDAY THROUGH SATURDAY with complimentary wine, beer and snacks. 4:00 p.m.

SUPPER

BREAKFAST FOR SUPPER

Chicken Caesar Salad	Seafood Salad	BBQ Brisket Sandwich	Pancakes with Syrup	Penne Pasta and Cheese Bake	Chicken Wings	Sandwich and Soup Combo
Romaine, Cranberry, Parmesan	Crackers and Fruit	Corn Cobb	Bacon and Sausage	Bread stick	Grated Carrot and Raisin Salad	Cucumber Salad
White Cake	Gelatin with Fruit	Coconut Cream Pie	Watermelon	Spice Cake	Sliced Melon	Cherry Crumble

ALTERNATIVE

Tuna Salad Sandwich	California Turkey Club	Ham and Swiss	Twice Baked Potatoes with Sour Cream	Green Apple Chicken Croissant	Popcorn Shrimp w/ Cocktail Sauce	Bleu Buffalo Griller
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Fruit & Cottage Cheese, Cold Cut Sandwiches, Grilled Cheese Sugar Free Ice Cream ALWAYS AVAILABLE UPON REQUEST